

Communicable Disease Plan – September 4, 2021

Association: Comox Valley Ringette

General Communicable Disease Plan/Event Specific Plan

Event Dates: CV Ringette Regular Playing Season

Location: Comox Valley Sports Centre and Glacier Greens Arena

This document has been created to align with the direction of the Provincial Health Officer and requirements of Ringette BC to have associations transition away from a COVID-19 only safety plan to a more comprehensive communicable disease protocol.

This transition will prepare the Comox Valley Ringette Association for the fall and winter seasons of respiratory and other communicable diseases to come, including COVID-19. A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a space from one place to another. Examples of a communicable disease that may circulate include COVID-19, Norovirus and seasonal influenza.

Information in this document that is specific to COVID-19 has been drawn from two primary sources, namely the BCCDC COVID-19 Public Health Guidance for Public Settings and the Communicable Disease Guidelines.

The recommendations and guidance in this document are subject to change based on the evolution and transmission of COVID-19 and other communicable diseases and the discovery of new evidence. In the case of any variance between Ringette BC guidelines and the guidance in Provincial COVID-19 Communicable Disease Guidelines for Public Settings, the provincial standards should be followed.

THIS IS A CONTROLLED DOCUMENT. Copies may not be current. For a current copy of the document visit the Comox Valley Ringette Communicable Disease Plan found on the Comox Valley Ringette Website, comoxvalleyringette.com.

STEP 1: Understand the Risk

Preventing communicable disease involves taking ongoing measures to reduce the risk of communicable disease transmission in your workplace and activity space. It also involves implementing additional measures when advised to do so in Public Health during periods of elevated risk.

The level of risk of certain communicable diseases, including COVID-19 may increase from time to time or on a seasonal basis. This may occur at a local or regional level or within a certain workspace.

Monitor and review communicable disease-related information issued by your regional medical health officer or the provincial health officer if it's related to your industry, region, or workplace. This includes orders, guidance, notices, and recommendations issued by a medical health officer or the provincial health officer.

- Regular review of current WorkSafe BC guidelines given to all volunteers including board members, coaches, and parent volunteers. As changes/updates are provided, protocols will be



adapted to include new provincial/regional requirements, and this will be communicated to players and families. Further information will be posted on the Comox Valley Ringette website.

STEP 2: Implement Measures, practices, and policies to reduce the risk

On-going measures – maintain at all times.

As the Provincial Sport Organization and Host of the event, you must implement and maintain the following measures at all times.

Implement policies to support staff, contractors, participants, and volunteers who have symptoms of communicable diseases so that they can avoid being in the workplace when sick.

- All players, coaches, and parent volunteers are required to undergo a Health self-assessment prior to attending practices, scrimmages, games, and tournaments. If symptoms of communicable disease are present, players, coaches, and parent volunteers are to stay home and are prohibited from attending CV Ringette events.

Provide Hand – hygiene facilities and appropriate supplies. Use policies and signage to remind participants to wash their hands and to cover coughs and sneezes.

- All members of Comox Valley Ringette are to regularly use hygiene facilities to wash hands with soap and water. Where soap and water are not available, hand sanitizer will be made available for members to use.

Maintain a clean environment through routine cleaning processes that are appropriate for your industry and work practices.

- All shared equipment will be sanitized in between uses. Players, coaches, and parent volunteers are not to share equipment unless they have been properly sanitized beforehand.

Make sure building ventilation is adequate and ventilation systems are properly maintained and functioning as designed.

For employers without ventilation, or without direct control of their building's ventilation system, they may take other measures to improve air circulation, including opening windows.

-

Additional Measures:

During a period of elevated risk, a medical health officer or the provincial health officer will provide information and guidance about the risk and how you can reduce it. The measures that you'll need to implement will depend on the type of disease and the methods of transmission.

Measures in Place:

List additional measures below:

CV Ringette will follow all medical health officer and/or provincial health officer guidelines for our region. This may include the requirement for proof of vaccination, mandatory wearing of masks, and the inclusion of safety officers to ensure all guidelines are being followed.



STEP 3: Communicate measures, practices, and policies

Make sure everyone entering the event receives information about your measures, practices, and policies for managing communicable disease.

Information will be posted in the arena and distributed via email to ensure that all participants receive a copy of the information.

Facility restrictions will also be sent out via email and posted in the facility to inform everyone of policies and procedures for the event and facilities.

STEP 4: Monitor your workplace and update your plan as necessary

Continually evaluate and update your plan to reflect changing risk levels and work practices.

Comox Valley Ringette will update our restrictions in accordance with public health updates and facility guidelines.